



COMO PARK

SENIOR HIGH SCHOOL

November 18, 2022 Newsletter

Attendance and Tardy Process

- All students coming to school late after 8:50AM must sign in on the iPad at the security desk.
- Students who are not in class by 9AM will be marked absent.
- Attendance will be taken by teachers during the first 10 minutes of each class. Any students arriving 10 minutes late without a pass will be marked absent.
- Students who do not have a pass, call from the office, or permission from a teacher to leave class/school early will be marked absent.

Attention Como families!! We Need Your Help...

Como Staff wants to make sure we are addressing the concerns and issues that are important to students and families. Please click on the link and fill out this short form and let us know what you would like to see communicated at Staff Professional Development Trainings.

<https://docs.google.com/forms/d/e/1FAIpQLSdq02-HrYZFbTg9vCfqfgugO6JiHyNxSk9L0vQxJhDIRXL7Q/viewform?usp=sharing>

Upcoming Dates

- NOVEMBER 21- Saint Paul College Visit
- 24- No School (Thanksgiving Break)
- 25- No School (Thanksgiving Break)
- 30- Picture Retakes
- DECEMBER 2- Fall Play
- 5- Parent Advisory Council 6:00pm
- 9- Winter Choir Concert 6:00-8:00pm
- 15- Mid Quarter
- 19- January 2 No School (Winter Break)
- JANUARY 3- Students return to school





Buy your 2022-23 yearbook today!

Early bird pricing ends on

Thanksgiving

This is your chance to get the yearbook for the low price of \$40.

Order at

<https://ybpay.lifetouch.com/>

Como Yearbook order code:

14933023



THINKING ABOUT JOINING TRIO UPWARD BOUND?

JOIN UPWARD BOUND AND THIS IS WHAT YOU'LL GET:

- Weekly after-school academic support
- College campus visits and fun field trips!
- ACT test preparation
- College application, FAFSA and scholarship assistance
- Career guidance and exploration
- Workshops that include financial literacy, career exploration, goal-setting, and college exploration
- A six-week academic summer program at our college campus, including an out-of-state, week-long summer trip
- Individual academic advising and support
- Plus, we pay for EVERYTHING, including trips, hotels, travel expenses, food, and supplies!



WHAT IS TRIO UPWARD BOUND?

Upward Bound is a **FREE** college access program.

We help students get into college with four years of services and support...and have a lot of fun along the way!

HOW TO APPLY:

1.) Stop in room 2616 on Monday, Wednesday or Thursday for a **paper application packet**

OR

2.) Scan the QR Codes on this flyer to complete our **online application**
(Application **CANNOT** be saved once started!)

AND

3.) Submit **two teacher recommendation forms** along with your application

Applications are due on November 22nd, 2022!

Online Application



Teacher
Recommendation

TRIO
UPWARD BOUND

ALL OF THE ABOVE, ALL FOUR YEARS

Exclusive to 9th and 10th grade students at
Johnson, Como, Harding, and North High School





**COMO PARK HIGH SCHOOL BOOSTER CLUB is participating in
Give to the Max November 1-17**

Give to the Max giving event taking place this year starting on Tuesday, Nov. 1 and culminating on Thursday, Nov. 17. Give to the Max is a statewide giving event that raises millions each year for more than 6,000 causes across Minnesota and beyond.

Help the Como Park High School Booster Club raise funds that support student led groups, teams, and clubs as they connect with opportunities and experiences that are meaningful but 'out of reach' without support from families and the community.

To participate in Give to the Max:

- 1) Go to this link: <https://www.givemn.org/story/Cs2ujf> , OR
- 2) Visit **GiveMN.org**, click on the Donate button, and search for Como Park Booster Club

Each donation made through GiveMN.org qualifies Como Park High School Booster Club for additional grants from the Give to the Max prize pool, thanks to the continued generosity of the Bush Foundation. GiveMN will award:

- \$500 Early Giving Golden Ticket prizes daily Nov. 1-17
- \$500 Golden Ticket prizes every 15 minutes on Nov. 17
- \$1,000 Hourly Golden Ticket prizes every hour on Nov. 17
- \$10,000 Super-Sized Golden Ticket from all donations made through GiveMN.org Nov. 1-17



SUPPORT COMO PERFORMING ARTS:



Upcoming Events:

12/2/22
Fall Play

12/8/22
Choir Concert

1/12/23
Band Concert

Please SCAN and COMPLETE the form if you are interested!
All proceeds benefit Band, Choir, and Theater!
Questions? Email siri.keller@spps.org



SCAN ME

Every Meal Free Weekend Food Program is at Como Park!

- Free for all families
- No qualifications required for enrollment
- Every Meal does not collect information from families; privacy is protected
- Families may enroll in the program at any time throughout the school year
- Staff discreetly place food bags in students' backpacks or lockers each week, typically Thursday or Fridays

Families may choose from 5 bag options. All bag types contain 4-5 lbs. of nutritious, non-perishable food.

Please complete the [application](#) and return to the front office or email to lynda.taylor@spps.org. Applications are also available in the front office.

Every Meal program information is available in [Spanish](#), [Somali](#), and [Hmong](#).

For more information, please contact Lynda Taylor at 651-744-5230 or visit her in room 1722.





COMO PARK SENIOR HIGH SCHOOL

WINTER SPORTS FLYER

REQUIRED FORMS TO PARTICIPATE:

- Sports Physical (valid for 3 years)
- \$45, or \$20 if You Qualify for Free/Reduced Lunch (Must turn in a Free/Reduced form)
- MSHSL Eligibility Form
- Registration Form
 - In Person at the Como Athletic Office Room 1109
 - Online on the Como Park Athletics website





COACH CONTACT INFO

NORDIC SKIING:
TBD / TBD

WRESTLING:
TIJL VANDERWEGE / TIJLOVDW@GMAIL.COM

BOYS SWIMMING & DIVING:
JON TUFTE / JON.TUFTE@SPPS.ORG

BOYS BASKETBALL:
DONNELL GIBSON / DONNELL.GIBSON@SPPS.ORG

GIRLS BASKETBALL:
OLONDA ENGLAND / LONDA214@GMAIL.COM

GIRLS GYMNASTICS (CO-OP WITH CENTRAL):
TAMMY LITTLE / TAMMYLITTLE@COMCAST.NET

BOYS HOCKEY (CO-OP WITH JOHNSON):
STEVE "MOOSE" YOUNGHANS / MOOSE@SHOPSTRAUSS.COM

GIRLS HOCKEY (CO-OP WITH TWO RIVERS):
TIM BLASE / TIM.BLASE@GMAIL.COM
ALLIE DUELLMAN / ALLIE.DUELLMAN@ISD197.ORG

DANCE:
SYDNEY FRANKLIN / HIGHLANDERSDANCETEAM@GMAIL.COM

ATHLETIC DIRECTOR
KOUA YANG
KOUA.YANG@SPPS.ORG

ASSISTANT ATHLETIC DIRECTOR
BRANDON KUETHER
BRANDON.KUETHER@SPPS.ORG





Interested in a club or activity? Check out the list of [clubs](#) being offered at Como!



Girls Empowerment

When: Tuesdays

Where: #1613 with Ms. Cash

Time: 3:00pm- 4:00pm

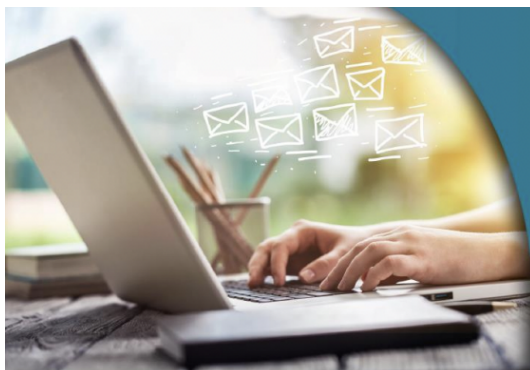
Come join us and learn more about Como Park High Girls Empowerment Group (there will be food, positivity, games, and great conversation)





Beastbot 2855 is back!

The Como Robotics Team is proud to announce our resurgence! After several years of not having a working team, we are re-building. Join us after school on Thursdays in room 1214 for snacks, adventures, fun and robot building! Robotics is open to anyone. Learn how to build, code, and promote robots! The team is coached by Traci Buckle, Michael Fischer, and Jacob Hanson. For more information stop by their classrooms or send them an email.



Your Monthly Money

brought to you by



Getting your finances right before the end of the year

Fall is officially here!

As the weather gets cooler, prices on consumer goods are still red hot due to inflation. Now is a good time to check in on your finances. If you focus on your income and expenses in the fall, you should be able to make it through the expensive holiday shopping season and start the New Year right.

To help you get started, KOFE has put together this fall financial checkup, so you can focus on all the points that need your attention right now.

Click [here](#) for the full article.

To view in Spanish, click [here](#).

A message brought to you by Hiway Credit Union located inside Como Park Senior High School.



PARENT ADVISORY COUNCIL MEETING

When: Monday, December 5, 2022

Time: 6:00pm

Where: Virtually through Google Meet <https://meet.google.com/caf-dwwh-uro>

We would like to hear from you!! Please email me with suggestions, topics, concerns, or questions to be discussed at the next PAC meeting...jamie.hoffman@spps.org.

St. Paul Public Library Resources

St Paul Public Libraries are community places with free/open space AND staff trained to help families with a variety of family-supportive services including:

- County benefits and applications
 - Consultations for IEPs/504s
 - System navigation for needs related to disabilities, immigration, health care...
 - Shelter services
 - Interpretation (including access to language lines)
 - Referrals to other community service organizations
 - And so much more!
- [Homework Help](#) (open to all youth) and [Createch](#) (intended for 12 – 18 years of age) are great resources for students. And, for older siblings (18 years and up), [Innovation Lab](#) might be of interest.
 - [SPPL hours](#) vary a bit depending on the site but, generally, they are open into the evening hours
 - For more information on family support at SPPL, visit the [SPPL Social Work](#) page.

[St Paul Public Library](#)



GREAT THINGS HAPPENING AT COMO

Como staff and students celebrated the end of Quarter 1 with a 4 vs. 4 Volleyball Tournament. The Champions were: **Ka Bawn, Baw Reh, Phray Reh, and Soe Reh**. The Girls' Fall Sports Team came in 2nd place. Unfortunately staff didn't quite cut it, but they definitely had good form 😊



Nothing beats a little exercise, a little fun, and a shortened academic day to celebrate hard work throughout the quarter 👍



Como Park JROTC cadets, students, guests and staff celebrated the 247th United States Marine Corps Birthday Ball celebration on Friday, 11 November 2022. We have inherited this proudful tradition that has evolved over time by United States Marines acquitting themselves with honor and distinction in every climb and place. Minnesota! Semper Fidelis-Always Faithful.



Mai Chue Moua and Steven Martinez Grande from Get Ready! took several students to visit The College of St. Scholastica in Duluth, MN and Concordia University in St. Paul, MN.

College of St. Scholastica



Concordia University





Como Park Senior High School School Store



Room 1308, next to the cafeteria

8:30-9:45 B Days



Hey! It's getting cold out there!
Some new Como Wear will keep
you warm 😊

Cougars Hoodie- \$35

Winter hat- \$15



T-Shirts (V-neck or
crew neck)- \$20

Sweatpants (regular or
joggers)- \$10

While you're at the
Store, grab a coffee,
tea, or cocoa!





HARVEST AT THE HUB



Everyone is invited to:

- *Food giveaway with turkeys and other holiday staples,*
- *Community Resource fair,*
- *Vaccine clinic,*
- *Health and wellbeing services,*
- *Treats and warm beverages!*

TUESDAY, NOV 22 | 3 - 7 PM
45 WEST 10TH STREET SAINT PAUL, MN 55102

Register here:
Use camera to scan QR
code or follow link

<https://tinyurl.com/yxc9nvan>



**Proudly
sponsored by:**



Holiday Resources:

Salvation Army Angel Tree: (Toy shopping in December)

Register at link below and the family will receive an email with the time and location of their shopping appointment.

<https://saangeltree.org/>

Thanksgiving Food Resources Salvation Army (401 W. 7 th St.) Thanksgiving Bag of Food: Food (Turkey and other meal items) is distributed on Nov. 21st. from 10-2 (This is for families on the West half of St. Paul). No sign up necessary. *There is a parking lot for visitors on W. 7th St.

Union Gospel Mission Twin Cities-Thanksgiving Bag Pick up on Nov. 21 and 22nd. Register below and receive a pickup time. Must have an appointment in order to pick a bag up. Limit of one bag per family-they need to pick it up. No delivery. <https://fundraise.givesmart.com/form/zlQPuw?vid=vcv3p>

STAFF SPOTLIGHT

Please welcome our new Social Studies teacher, Andrew Dicker



Hello, I am a new member of the Social Studies department here at Como Park Senior High. I teach 9th and 11th Grade. This year is my 6th year teaching US History and World History and I am proud to say that 2022-'23 is also my 10th year working in education. I attended UW-Milwaukee and began my career as a high school teacher there. I was born and raised in Minneapolis, and so I am grateful for the chance to work back in my hometown, here. I graduated from Minneapolis Public Schools, and I am excited to be working with the superb staff & students here at Como each day.

I am passionate about reading and writing and I am a member of the Literacy Committee. I am currently reading a book called "The Rise and Fall of Ancient Egypt;" it is a detailed history of ancient Egypt and the many rival kingdoms of the region. When I'm not teaching, I enjoy spending time with my family and friends, listening to music, enjoying movies, technology, art, nature and history. I have never met a more creative and hard-working group of students, and I'm happy to be a part of the team here at Como.



CUB FOODS BAGGING FUNDRAISER

COME SUPPORT OUR
YOUTH IN GOVERNMENT STUDENT GROUP
&
GIRLS SOCCER TEAM

LOCATION

2100 E SNELLING DR,
ROSEVILLE, MN 55113

DATE

SATURDAY, NOVEMBER 19

TIME

10 AM - 6 PM

